

In an average month an estimated 260,000 people in Oregon and Clark County, Washington ate from emergency food boxes.

Oregon Food Bank Annual Statistics 2010-11

Learn More

To learn more about food insecurity in our community and ways your business can make a difference, check out Fork It Over's revamped website:

- Try the new match and find tool,
- Brush up on important information you need before you donate,
- Read about participating businesses, food rescue programs and partnerships.

Start donating today.

Donating food helps people in need, shows customers you care and reduces waste. Make a commitment to donate today. Visit **ForkItOver.org** or call **503-725-8447**. We'll provide you with free resources, including:

- Help setting up a food donation program*
- Finding a food rescue agency near you

*All food donations must be prepared, packaged and stored in accordance with existing food safety guidelines; if you have questions, please phone your county's health department.

Limited food rescue is available outside the Portland metropolitan area. For more information, call 1-800-777-7427.



Scan with mobile device for quick access to Fork It Over Mobile site!

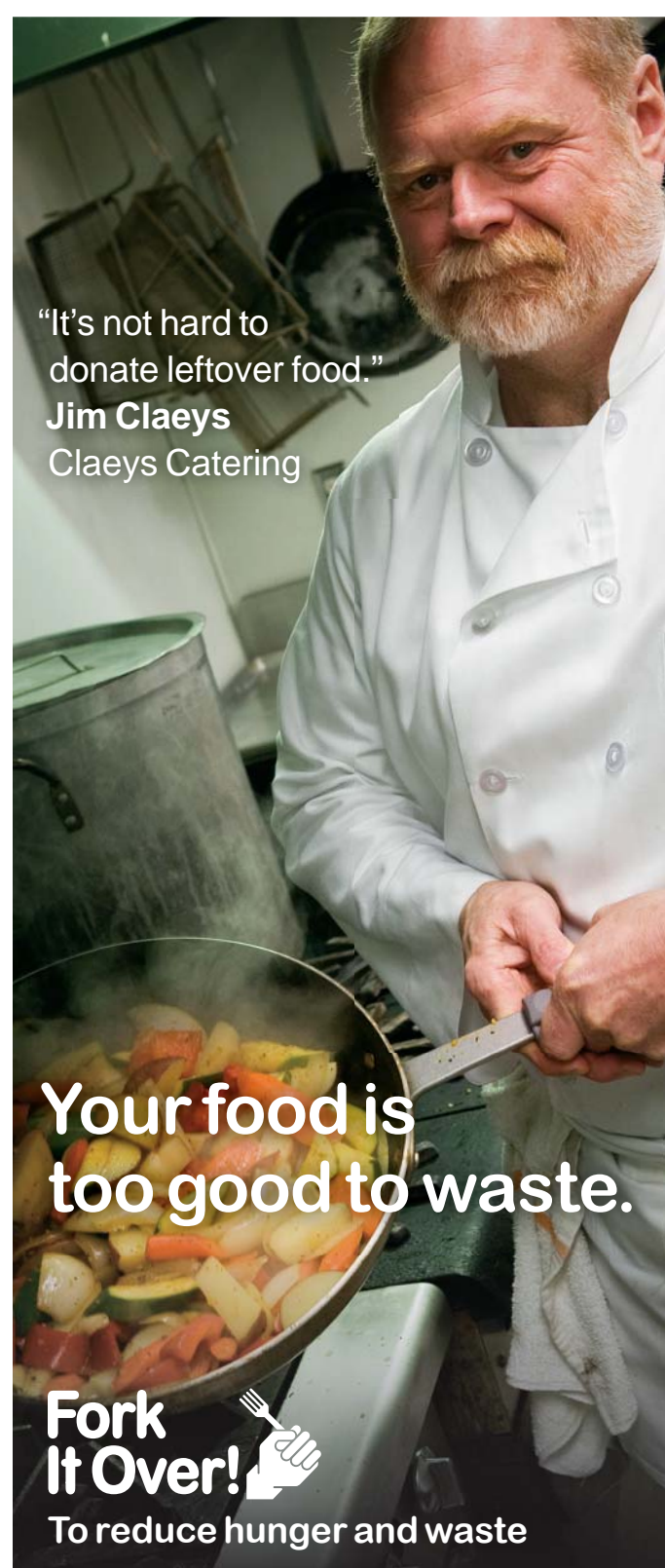
**Fork
It Over!**



Community
Environmental
Services



Metro



"It's not hard to donate leftover food."

Jim Claeys
Claeys Catering

**Your food is
too good to waste.**

**Fork
It Over!**



To reduce hunger and waste

Your surplus food can go in the garbage. Or it can help feed someone who needs it. Join hundreds of Portland-area restaurants, grocers, caterers and food service companies in fighting hunger and reducing waste through the Fork It Over! food donation program.

“Our landfills don’t need to be fed, but hungry children do.”

Terri O’Donoghue
The Gleaners of Clackamas County

It’s the right thing to do. Fresh and prepared foods are in demand by food rescue agencies in the Portland area. Many foods that have been prepared for the public but not served can be donated. Your staff is already trained to handle food safely; food rescue agencies follow the same guidelines.

You’re protected from liability. Oregon and federal Good Samaritan laws protect you from liability when donating food you believe to be safe and edible.

It’s simple. There are dozens of food rescue agencies across the metro region ready to meet your needs. Just call **503-725-8447** or visit **ForkItOver.org** to find out how. We’ll match you with a food rescue agency near your location. Many food rescue agencies will pick up food on a regular schedule or for occasional on-call donations. Some agencies can even come in the evenings to pick up food after you close.

“Hunger is a public health issue.”

Toby Harris
Washington County Health Department

Follow these easy steps

Step 1: Identify items suitable for donation

Perishable, non-perishable and prepared foods that have not been served or sold are accepted for donation. Both large and small servings are welcome.

- Bulk food items
- Canned and packaged items
- Commercially baked goods
- Dairy products and eggs
- Dessert and sweets
- Fresh produce
- Frozen goods
- Menu entrees and prepared items
- Meats

Step 2: Examine the food you want to donate

Inspect items carefully when preparing them for donation.

	YES
The food has been handled appropriately to ensure that it is safe and wholesome.	<input type="checkbox"/>
The food items' packaging or seal is unbroken.	<input type="checkbox"/>
Frozen food has not been thawed and refrozen.	<input type="checkbox"/>
Nothing has leaked onto the food from another container.	<input type="checkbox"/>
The food is at the correct temperature.	<input type="checkbox"/>

Step 3: Contact a food rescue agency to arrange donation

Fork It Over! Match + Find tool can help you locate food rescue programs near you with a sortable list of food rescue agencies and contact information.

www.forkitover.org